



# upcoming events

Nov. 30

### LUNASA HOLIDAY CONCERT

@ KANSAS CITY IRISH CENTER  
8-10 P.M. / \$30 GEN. ADMISSION  
IRISHCENTERKC.ORG

DEC. 21

### THE ELDERS

@ KNUCKLEHEADS SALOON  
KANSAS CITY, MO  
8:30-11:30 P.M. / \$20 GEN. ADMISSION  
KNUCKLEHEADSKC.COM

JAN. 12

### CONNLA - CMA CONCERT

@ HOLY TRINITY HALL  
8-10 P.M. / \$25 GEN. ADMISSION  
THECMA.ORG

FEB. 8

### EILEEN IVERS - CMA CONCERT

@ HOYT SHERMAN  
8-10 P.M. / \$25 GEN. ADMISSION  
THECMA.ORG

MAR. 9

### JIGJAM - CMA CONCERT

@ HOLY TRINITY HALL  
8-10 P.M. / \$25 GEN. ADMISSION  
THECMA.ORG

### MONTHLY IRISH "SESSION" OPEN JAMS / 7ISH-9:30 P.M.

1ST TUESDAY @ FIDDLE & WHISTLE, MARSHALLTOWN  
2ND TUESDAY @ JAVA JOE'S, DES MOINES  
3RD TUESDAY @ COONEY'S, DES MOINES  
4TH TUESDAY @ DUBLIN BAY, AMES



# The Blarney

## upcoming:

Monthly Meeting  
Nov. 12, 6:30 p.m.

Menu:  
Chili & Fixin's

Next Meeting  
**Christmas Dinner**  
Holiday Inn Downtown  
Dec. 10, 6 p.m.

november (samhain) 2018

## charity binds us all in one great brotherhood

### HOUSE OF MERCY



Bill McCarthy and HM Director Rebecca Peterson

This Des Moines area organization offers vital substance-related/addictive disorders treatment and mental health programs to individuals and families that have experienced difficulty in accessing these critical services and supports.

A basic tenet of their approach to working with people is the belief that everyone has the ability to dramatically change their life provided they have access to the necessary resources, support, and encouragement needed to make the desired changes. 🍀

Thank you Friendly Sons!

"Our Dowling Catholic chapter students partner with Ruby Van Meter school and we are dedicated to ending the social, physical and economic isolation of students with intellectual and developmental disabilities.

"We will use the money for our Winter Holiday Party and for the Friendship Walk next May.

"Again, thank you!" said club moderator Erin Gabriel. 🍀

### BEST BUDDIES



Dr. Dan Ryan, Hanna Schaeffeler, McCarthy, Jordan Kelleher, Molly McNeal, and Kylie Walker.

"We raised \$118,000 at our October event that will help us attend to the over 60,000 Iowans we serve.

"Thank you for again helping us make it so successful. You are important to us and we appreciate your continued support.

"There has never been a more volatile time in healthcare and human services. Your generous, caring donation has the power to change a life and to help patients and families through compassionate care," said HCI executive director Azure Christensen. 🍀

### ART OF COMPASSION



### Board Contact Info:

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Friendly Sons of Saint Patrick  
The Mickle Center #241  
1620 Pleasant  
Des Moines, IA 50314



## CHRISTMAS DINNER RESERVATIONS ARE NEEDED THIS MONTH

Christmas, a baby shower that went totally overboard, is on our radar. It's a time to celebrate the season and if you and yours are planning on attending our **Annual FSOSP Christmas dinner party on Dec. 10**, it's time to get some dinner reservations on the books.

We need some advance notice on attendance in order to plan the room layout and give the hotel chefs the ordering info they need.

**Bob Conley** is again hosting us at the **Holiday Inn Downtown**. Enjoy cocktails starting at 6 p.m. and your choices for dinner that evening are the popular classics: Filet Mignon, Baked Salmon, and Chicken DeBurgo, all with potatoes, salad and extras.

A complete run-down on all of the evening's entertainment, charming gifts, fabulous raffle prizes, dazzling slide pix and our dressed-out Irish Christmas tree will be in next month's Blarney.

Reserve your spot for only \$30/person at next week's meeting. Remember, meal orders have to be anticipated so don't delay.

As usual, many of us will be pre-partying, tipping a few at Cooney's ahead of time that night, so feel free to drop in and join us for a snifter or two... you know "yule" be welcome! 🍀



## WEARIN' OF THE GRIN

### More Reasons Why We Miss Rodney Dangerfield:

Once when I was lost, I saw a policeman & asked him to help me find my parents. I said, "Do you think we'll ever find them?" He said, "I don't know kid. There's so many places they can hide."

My wife made me join a bridge club. I jump off next Tuesday.

I'm so ugly, I once worked in a pet shop and people kept asking how big I'd get.

I went to see my doctor. "Doctor, every morning when I get up and I look in the mirror I feel like throwing up. What's wrong with me?" He said, "Nothing, your eyesight is perfect."

I went to the doctor because I'd swallowed a bottle of sleeping pills. My doctor told me to have a few drinks and get some rest.

One year they wanted to make me a poster boy -- for birth control.

My uncle's dying wish was to have me sitting in his lap; he was in the electric chair.

I could tell my parents hated me. My bath toys were a toaster and radio.



A 78-year-old man was requested by his doctor for a sperm count as part of his physical exam.

The doctor gave the man a jar and said,

"Take this jar home and bring back a semen sample early tomorrow morning."

The next day the 78-year-old man reappeared at the doctor's office and gave him the jar, which was as clean and empty as when it was handed out on the previous day.

The doctor asked what happened and the man explained,

"Well, doc, it's like this -- first I tried with my right hand, but nothing. Then I tried with my left hand, but still nothing. "Then I asked my wife for help. She tried with her right hand, then with her left, still nothing.

"She tried with her mouth, first with the teeth in, then with her teeth out, still nothing.

"We even called up Arleen, the lady next door and she tried too, first with both hands, then an armpit, and she even tried squeezin' it between her knees, but still nothing."

The doctor was shocked!

"You asked your neighbor?"

The old man replied,

"Yep, none of us could get the jar open."

[Sad to grow old, ain't it?]

*Question: Does Notre Dame's mascot trivialize the heart-breaking genocide of leprechauns?*

## BOARD NEWS

Our hard-working treasurer, **Josh Soliday**, tells us that the club coffers are back to a healthy state and donations are being made again after having been on hold for a month or so.

The board approved three \$1000 contributions for November to Dowling's **Best Buddies** program, **House of Mercy** and **Holy Family School**.

One idea being considered is to have reps from some of the groups who receive our gifts come to meetings occasionally and address us.

Also, in December we will be in touch with Marty Lester and his **MentorIowa** program to see how we can again make Christmas a little merrier for children in a family we "adopt" for the season. ☐☐☐

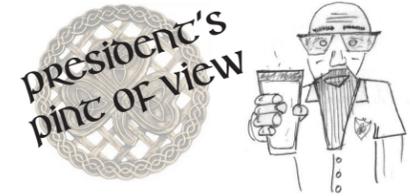
### In parade news:

City permits and meetings will be dealt with next month and some ideas for cutting into the \$25G cost of this annual behemoth are being floated.

Raffle tickets have sold out in recent years and so we are going to try increasing the sale to 1500, up 50%.

In a registration change, any FSOSP member can now sign up as a float rep at the February meeting and then NOT have to attend the later registration/info meetings. ☐☐☐

The **board needs new members**. January elections will be held to establish a new president and vice-president. We are still hoping a few of you out there will join us in keeping the club vital and healthy. How about it?



As fall settles in, so does our "slow season." Well, not really. Even though we do not have any events in October or November, I assure you we on the board are busily working to get our donations out for the year and plan an even more successful 2019.

Thanks to our increased efforts this year, we were able to make good on a few donations we were not able to dole out last year and it feels good to finally get that done. We can close-out the year by donating to our "Community of Caring" in our usual manner.

We are also planning our annual Christmas party, a time for us to share what we do with our significant others, to prove to them that we do clean-up nice, we do good things for our community, and, of course, we most certainly do have a bunch of fun doing it!

That being said, if you have any photos of any of our events throughout the year, please get in touch with one of the board members so we can incorporate them into our show to help us prove our point.

As always, I look forward to seeing you at our next meeting and until then...

Stay classy, Sons.

*President Tim Schuck*

## BLARNEYBITS

### THIS JUST IN: SMELLING FARTS CAN BE GOOD FOR YOU!

To put it one way, small doses of hydrogen sulfide help keep cells healthy and thus help ward off maladies such as dementia, diabetes, and even cancer. To put it another way, "smelling farts could be the best thing you do today," according to CNET news. Researchers at the University of Exeter in the UK discovered that while hydrogen sulfide—the stuff produced in the gut that causes gas—is toxic in large doses, it's actually quite beneficial in small quantities. Specifically, it preserves mitochondria, which are vital to cell life.

"Although hydrogen sulfide is well known as a pungent, foul-smelling gas in rotten eggs and flatulence, it is naturally produced in the body and could in fact be a health care hero with significant implications for future therapies for a variety of diseases," say the Exeter scientists.

They're not asking people to sniff inappropriately. Rather, they've developed a compound called AP39 designed to deliver just the right dose of the stuff to your cells.

Studies on actual humans come next, but in the meantime, it might pay to thank that guy in the elevator for saving your life. 🍀